



Roles & Goals

Next Step

Living on purpose

Need for Balance

Mind Map as thinking tool

What is balance?

Restore balance with Roles & Goals

Goal Setting

Planning

Big picture

Passion essential

Single Minded Focus

Mind Map ideal tool

Sustained happiness

Apparent contradiction

Big Picture

Drill into details

Jigsaw puzzle analogy

Directed passion needed

Four Dimensions

Mental

Social

Spiritual

Physical

Use Mind Map to get back on track

Sometimes single focus needed

Three goals

On each Six Branches

Draw a Mind Map